

RESOURCE GUIDE

For concerns related to mental health/or behavior problems



A. Helplines for Youth & Parents

1. Crisis Helpline: 856-428-HELP (4357)-available 24 hrs./day, 7 days/week
 - a. *Confidential* - Offers support, referrals, resources, & crisis intervention services
 - b. Affiliated with the Crisis Unit of Jefferson Health and Oaks integrated Care

2. CONTACT: #211-available 24 hrs. day/7 days per week
 - a. Provides counseling, referrals, & crisis intervention
 - b. Offers the following programs: Teen Line, Kids Line, Pet Friends Grief Support, and Sexual Assault Services
 - c. Website: www.nj211.org

3. 2ND Floor-Youth Helpline- 1-888-222-2228
 - a. Serves all youth and adults in the state of New Jersey
 - b. Trained professionals respond to the issues: peer/family relationships, bullying, substance abuse, body image, cyber bullying, and LGBTQI.
 - c. Interactive web site, [www.2ND FLOOR.org](http://www.2ND_FLOOR.org). It features surveys and an interactive message board that gives young people the opportunity to raise issues and get answers online.

4. Perform Care, 1-877-652-7624, 24 hrs. day/7 days per week
 - a. Website: www.performcarenj.org
 - b. Is a full-service behavioral health managed care company in NJ Children's System of Care for children, youth, and young adults who are experiencing emotional and behavioral challenges as well as substance use/abuse issues.
 - c. Provides the following services: Screening, Youth Case Mgmt. Services, Intensive In-Community Services, Mobile Response and Stabilization Services.

B. Hotlines for Parents/School Counselors/Administrators

1. DCP&P- formerly DYFS (Division of Child Protection & Permanency)
 - a. Hotline: 1-877-NJ-ABUSE, 1-877-652-2873
 - b. It is New Jersey's child protection agency which ensures the safety, well-being, and permanency of children and supports families.
 - c. According to the NJ Law and the NJ Department of Education regulations, any person having reasonable cause to believe that a child has been abused or neglected must report this information to the DCP&P. Failure to report is a violation of the law.
 - d. Local district Office - Camden Central: 856-414-8200, available from 9 a.m. to 5.p.m. on weekdays
 - e. The Office of Child Abuse Control (OCAC)-operates a toll-free hotline 24 hrs. day, 7 days per week (1-800-792-8610) to receive reports of child abuse and neglect.
2. Child Care Helpline: 1-800-332-9227
3. Child Support Hotline: 1-877-655-4371
4. Family Help Line (for stressed parents) & Parents Anonymous (24 hrs./day): 1-800-843-5437
5. Housing First – temporary financial, housing relocation & budget counseling for Camden County homeless or at risk for homelessness 856-964-1990 x143

C. Crisis Intervention Services

1. Crisis Center of Camden County -program of Oaks Integrated Care
 - a. Location: Jefferson Health 2201 Chapel Avenue Cherry Hill, 856-428-4357
 - b. Crisis Screening provides a full spectrum of services for those in acute psychiatric distress.
 - c. Procedure: Enter the emergency room. Once the child is medically cleared, they are escorted back to the crisis unit for an evaluation.
2. Children's Intervention Specialist -program of Oaks Integrated Care
 - a. 856-428-4357 501 Cooper Landing Rd. Cherry Hill, NJ 08002
 - b. Provides an immediate evaluation per appointment (visit to Crisis Center is not warranted)
 - c. Provides therapeutic support services to the child and family.
3. Jefferson Behavioral Health Services - Cherry Hill
Contact Information: 1-800-528-3425
Provides services to people of all ages, ranging from children in kindergarten to adolescents and adults.
4. Camden County Board of Social Services
Contact Information: 856-225-8800

D. Outpatient Partial Care Programs for Mental Health/Behavioral Needs

1. Penn Medicine Princeton House Behavioral Health Services - Locations: Princeton (Teen Girls), Hamilton & Moorestown. Outpatient Admissions: 888-437-1610
 - a. Adolescent Partial Hospital Program-designed for adolescents with psychiatric problems or a combination of psychiatric and substance abuse problems that impair functioning at home and school. It is a 6 hr. program (9:30 a.m.-3:30 p.m.) 5 days per week
 - b. Adolescent Intensive Outpatient Program (IOP) - designed for adolescents with psychiatric problems/or substance abuse that significantly impair functioning at school or at home. Adolescents attend the 3-hour program from 3:30 p.m.-6:30 p.m. 3 days per week.
Transportation is available to pick up students from schools within defined areas.

2. Archway Programs
D.I.S.C.O.V.E.R. -serves adolescents (12-18) with emotional/or behavior issues that cause interference in their daily living. Provides intervention, strategies, and activities that assist individuals in acquiring appropriate behaviors to re-enter the community.
Partial care services are paid for when medically indicated by Medicaid, NJ Family Care, or in some cases private pay.
Location: Sewell, NJ
Contact information: Veronica Clifton, Supervisor 856-582-3900, request an intake

3. Jefferson Behavioral Health Services – Cherry Hill 1-800-528-3425
 - a. Outpatient Partial Hospitalization Program -This program helps children and adolescents faced with the challenges of mental health and substance abuse issues as they continue living in their home environments. Patients are required to continue to meet their baseline educational requirements as their presenting issues are addressed. Our experienced outpatient treatment team fosters an environment that promotes safe and effective alternative coping skills to prepare the child or adolescent to return to his or her community and school. Patients are also offered individual therapy and medication monitoring.
 - b. Intensive Outpatient Program & After School Program -provides an intensive outpatient program that operates concurrently with the partial hospitalization program Monday thru Friday during the day. Additionally, we offer an after-school intensive outpatient program in the evening that continues to support the patient as he or she returns to school. This program offers psycho-educational and therapeutic groups.

Additional Outpatient Partial Care Programs

4. Virtua Health-CASTLE Program: 1000 Atlantic Ave. Camden, NJ. Designed for students ages 5-15 who need partial or outpatient care for the treatment of ADD, Mood Disorder, Oppositional or Conduct Disorder, Aggressive, or Abusive Disorder, Family issues, Substance Abuse, Issues related to death, abandonment, or other life stressors. 888-847-8823
5. Oaks Integrated Care 79 Chestnut St. Lumberton, NJ 609-518-5470

E. Outpatient Individual Counseling/Therapy Agencies

1. The Center for Family Guidance
 - a. Location: 765 E. Rte. 70 A-100 Marlton, NJ
 - b. Contact Information: 856-983-3900
2. Center for Family Services
 - a. Locations: Voorhees, Camden, & Williamstown
 - b. Contact Information: 856-964-1990
 - c. Accepts most private insurance & NJ Medicaid
 - d. Offers free counseling and other services for youth between the ages of 11-17 and their families. (*Parent/child conflict, running away, truancy, substance abuse*)
 - e. Walk-ins accepted Monday-Friday 8:30 a.m.-4:30 p.m.
3. Jewish Family & Children's Service - provide children and adolescents, ages 3 through 18, with support and coping skills to achieve emotional health and improved functioning through individual and family counseling at area synagogues and schools.
 - a. Location: 1301 Springdale Road, Suite 150, Cherry Hill
 - b. Contact Information: Intake Dept. 856-424-1333
4. Family Psychological Services
 - a. Locations: Marlton, Turnersville, Mantua & Hamilton
 - b. Contact information: 856-424-4408
5. Oaks Integrated Care
 - a. Program: Yates Center-Lumberton
 - b. Services: Counseling & Psychiatry
 - c. Contact information: 609-518-5470
6. Castle Program
 - a. Location: Camden 856-246-3013, Berlin 856-322-3270
 - b. Services: Counseling & Psychiatry, accepts NJ Medicaid/KidCare only

Additional Outpatient Individual Counseling

7. It Takes a Family
 - a. Services: Individual & Group Counseling, Family Therapy, Parenting Classes, and Medication Monitoring
 - b. Location: 101 Rte. 130 S., Suites 510 & 520 Cinnaminson, NJ 08077
 - c. Contact information: 609-643-4191
8. Complete Care Health Network
 - a. Services: Counseling & Medication Management, *accepts NJ Medicaid*
 - b. Locations: Glassboro and Woodbury
 - c. Contact information: 856-863-5720 or 856-853-2055
9. Serenity Counseling, LLC
 - a. Services: Individual counseling for children ages 13 & up
 - b. Location: 1260 Evergreen Lane Cinnaminson, NJ
 - c. Contact information: 856-499-2013, *accepts Aetna, Sliding Scale*
10. Youth Consultation Services (YCS) Services:
 - a. Services: Individual counseling for ages 5-21 & Dual Diagnosis
 - b. Location: Somerdale
 - c. Contact Information: 856-309-5420
11. Oaks Integrated Care: Children's Outpatient Program
 - a. Services: Individual and Family Counseling, Medication Monitoring
 - b. Location: Burlington, Camden, and Cumberland Counties
 - c. Contact Information: 609-518-5470

6. Outpatient Individual Therapists by Specialization

1. ANXIETY/DEPRESSION/MENTAL HEALTH CONCERNS

- a. Michelle Pia Alberti, PhD.
 - *Specialization: Anxiety, Depression, Eating Disorders, Sexual Abuse*
 - Location: Pavilions of Voorhees, Suite 108
2301 Evesham Road Voorhees, NJ 08043
 - Contact Information: 856-770-9090
 - *Accepts Aetna*

Additional Outpatient Individual Therapists by Specialization

b. Amy Breslow, MSW, LCSW

- *Specialization: Anxiety, Depression, Stress, Eating Disorders, Relationship Issues, Physical/Psychological Trauma*
- Location: Odyssey Counseling, LLC
- 1930 E. Marlton Pike, Ste. N70 Cherry Hill, NJ 08003
- Contact Information: 856-985-6300 ext. 1
- *Accepts the following insurance plans: Aetna, Cigna, Tricare, Magellan, United Behavioral Health, AmeriHealth, Military Insurance*

c. Centra PC

- Therapists: Jane Beckman, MSW, LCSW; Deborah Blastic, CADC; Peggy David, LCSW; Elizabeth A. Kelly, MSS LCSW; Edward P. Monte, PhD; Gail Silberstein, PhD
- *Specialization: Depression, Anxiety, Trauma, Substance Abuse, Family Therapy*
- Location: Centra, PC
- 5000 Sagemore Drive, Suite 205 Marlton, NJ 08053
- Contact Information: 856-983-3866
- *Provides receipts for claims*

d. Gerri Lancieri-Panzera, MA, LPC

- *Specialization: Mood Disorders, Anxiety, Family Therapy*
- Location: Healthmark Counseling, LLC
- 101 Rte. 130 South Cinnaminson, NJ 08077
- Contact Information: 856-829-3385
- *Accepts all insurance plans but Medicaid*

2. ADD/ADHD, LEARNING DISABILITIES, & NEURODEVELOPMENTAL ISSUES

- a. Derek P. Alta, Psy.D.
 - *Specialization: ADD/ADHD, Learning Disabilities, Neuropsychology, Post-Concussion, Post-Traumatic Stress, Assessment, Adjustment Issues, Depression*
 - Location: 10 Mount Vernon Ave. East Haddonfield, NJ
 - Contact Information: 856-795-3598
 - *Accepts BC/BS OF NJ, Certain Aetna/AmeriHealth Plans*

- b. Charles M. Wagner, MSW, LCSW
 - *Specialization: ADD/ADHD, Learning Disabilities, Neurodevelopmental Issues, Behavioral Issues, ODD, Depression, Substance Abuse*
 - Location: 9002-F Greentree Commons Marlton, NJ 08053
 - Contact Information: 856-596-1392
 - *Accepts most plans except Americhoice and Medicaid*

- c. Camille R. Palombo, M.Ed., LPC, NCC
 - *Specialization: ADD, ADHD, OCD, Autism, Asperger's, Phobias, Anxiety, Trauma, Self-Mutilation, EMDR*
 - Location: 1 North Main St., Ste. 1B Medford, NJ 08055
 - Contact Information: 609-953-4769

- d. Barbara B. Williams, Ph.D.
 - *Specialization: ADHD, Anxiety Disorders, Phobias*
 - Location: South Jersey Counseling & Psychotherapy Assoc.
44 Cooper Street, Ste. 204 Woodbury, NJ 08096
 - Contact Information: 856-686-9888
 - *Accepts Magellan, PPO Plans, Network Benefits*

- e. William J. Matta, Ed.D.
 - *Specialization: ADD/ADHD, Anger Mgmt., Peer Relationships*
 - Location: Counseling Associates of Medford
133 Jackson Road, Ste. F Medford, NJ 08053
 - Contact Information: 856-396-0880
 - *Accepts most insurance plans*

3. SUBSTANCE ABUSE

- a. Dawn Gillepsie, LCADC
 - *Specialization: Substance Abuse & Dependence, Assessment*
 - Location: Healthmark Counseling, LLC
101 Rte. 130 South Cinnaminson, NJ 08077
 - Contact Information: 856-829-3385
 - *Accepts all insurance plans except for Medicaid*

- b. Marjorie A. Copeland, LCSW
 - *Specialization: Drug & Alcohol, Anger Management, and Sexual Abuse*
 - Location: Cornerstone Center
733 Rte. 70 East, Bldg. 4, Ste. 406 Marlton, NJ 08053
 - Contact Information: 856-810-1015
 - *Does not accept insurance, but will provide a receipt*

- c. Dr. Steven R. Silverstein, LPC, CAC, CADC
 - *Specialization: Drug/Alcohol, Behavioral/Social Issues, Anger, Depression, Family*
 - Location: Alternatives in Counseling, Inc.
1871 Rte. 70 E., Ste. 202 Cherry Hill, NJ 08003
 - Contact Information: 856-751-8700 (office), 570-905-4290 (cell)
 - *Accepts all insurance plans*

- d. Margaret A. Brittle, M.Ed., LPC, CADC
 - *Specialization: Drug/Alcohol, Mental Health Issues, Behavior Mgmt., Family*
 - Location: 520 Stokes Rd, Ste. B12 Medford, NJ 08055
 - Contact Information: 609-859-2738
 - *Accepts all major insurance plans*

4. ACADEMIC/SCHOOL CONCERNS

- a. Susan Drylie, MSW, LCSW
 - *Specialization: Academic Issues, Family Issues, Depression, Acting-out Teens*
 - Location: 133 Jackson Road, Ste. F Medford, NJ 08055
 - Contact Information: 609-760-1841
 - *Does not accept insurance, but will provide a receipt*

- b. Kathleen Milano, Ph.D.
 - *Specialization: School Concerns, Family, Mental/Behavioral Health Divorce/Loss/Grief, Self-Destructive Behavior, Identity/Self-esteem*
 - Location: 110 Marter Ave. #206 Moorestown, NJ 08057
 - Contact Information: 856-778-1981
 - *For insurance information, contact www.kathymilano.com*

- c. Jan Puig, Ph.D.
 - *Specialization: School Issues, Family, Suicide Issues, Minority Issues*
 - Location: Puig Associates
1060 Kings Hwy N., Ste. 311 Cherry Hill, NJ 08034
 - Contact Information: 856-482-1650, 856-482-7744
 - *Accepts Medicaid, will provide a receipt for other insurance*

- d. Steven Silverstein, LPC, CAC, CADC
 - *Specialization: School Refusal and other School-related Issues*
 - Location: Alternatives in Counseling, Inc.
1871 Route 70 E., Suite 202 Cherry Hill
 - Contact Information: 856-751-8700
 - *Accepts most insurance plans*

5. SOCIAL SKILLS, SELF-ESTEEM ISSUES

- a. Catherine A. Crawford, MA, MS
 - *Specialization: Social Issues, Behavioral Issues, Single-parent families, Family*
 - Location: Alternatives in Counseling, Inc.
1871 Rte. 70 E., Ste. 202 Cherry Hill, NJ 08003
 - Contact Information: 215-295-0869
 - *Does not accept insurance but will provide a receipt*

- b. Terri Ramos, MSW, LCSW (*Bilingual-Spanish/English*)
 - *Specialization: Social Skills, Mood & Anxiety Disorders, Parenting Skills, Acculturation*
 - Location: Healthmark Counseling, LLC
101 Route 130 South Cinnaminson, NJ 08077
 - Contact Information: 856-829-3385
 - *Accepts all insurance plans except Medicaid*

- c. Diane Raymond, MA, LPC
 - *Specialization: Self-esteem Issues, Body Image, ADHD, Sexual Abuse, Art Therapy*
 - Location: Cedar Stone Building
53 South Main Street, Suite F Medford, NJ 08055
 - Contact Information: 609-923-7810
 - *Accepts Aetna, Sliding Scale*

ADOLESCENT/GIRLS GROUPS re: TEEN ISSUES

Renee Stemmer, LCSW

- *Specialization: Girls Groups, Yoga*
- Location: Cherry Hill
- Contact Information: 609-375-1601
- *Accepts most insurance plans, self-pay \$30*

7. FAMILY THERAPISTS (BY TOWN/CITY)

1. Cherry Hill

- a. Your Center 856-795-0750
- b. Barbara Sonneheim, LCSW 856-667-9705
- c. Joy B. Cohen, Psy.D. 856-424-0002
- d. Joseph J. Zielinski, PhD. 856-438-5695
- e. Sidney Cohen, Ph.D. 856-428-1685
- f. Louise Aldrich, MSW, LCSW 856-321-0063
- g. Kathleen Shelmire, MA, LPC 609-221-6329
- h. Shelly Lukoff, MSW, LCSW 856-424-0112
- i. Susan Gaulton Beinart, MS, MFT 856-874-1455

2. Voorhees

- a. Regional Counseling Services of Southern NJ 856-784-1001
- b. Center for Family Services
Behavioral Health & Substance Abuse 856-964-1900
- c. Penn Council for Relationships 856-783-4200

3. Haddonfield

- a. Andrew Musetto, Ph.D. 856-428-6640
- b. Steve Stern, Ph.D. 856-795-3598
- c. David Cordier, Ph.D. 856-428-6640
- d. Kim Fendrick, MSW, LCSW 856-795-4488

4. Marlton

- a. Marjorie Copeland, LCSW 856-810-1015
- b. Center for Family Guidance 856-983-3900
- c. CENTRA Counseling Corp. 856-983-3866
- d. Family & Psychological Services 856-424-4408
- e. David Osterhout, LCSW 856-782-8383
- f. Lynda B. Hopkins, MSW, LCSW 856-596-9000
- g. Genesis: Marlton 856-858-9314

5. Barrington

- Lori O'Leary, MA, LPC, CADC 856-547-1130

6. Mount Laurel

- Janet Lowitz, MSW, LSW 856-452-0062

ADDITIONAL THERAPISTS BY TOWN/CITY

7. *Moorestown*

- a. The Community Counseling Center 856-380-1070
- b. John J. Blum, MS, MEd, CADC, LPC 856-304-2469
- c. Joyce Cohen, RN, LMFT 856-234-0183
- d. Kathleen Milano, Ph.D. 856-778-1981

8. *Medford*

- a. Sherri Coccozza, MA, MFT, RN, CS 609-953-8118
- b. Susan Gaulton Beinart, MS, MFT 856-874-1445

9. *Spanish-speaking Providers*

- a. The Center for Family Services 856-964-1990
- b. Guadalupe Family Services 856-365-8081
- c. Nueva Vida 856-338-1995
- d. Hispanic Family Center 856-365-7393
- e. Velez Professional Services 856-966-4515

10. *Korean-speaking Provider*

- Korean American Community Svc. 856-424-2333

11. *Chinese-speaking Provider*

- Yan Huo (Philadelphia) 215-627-3339

8. Psychiatrists

1. Rowan SOM Department of Psychiatry
 - Location: Cherry Hill
 - Contact Information: 856-482-9000
 - *Accepts most private insurance plans & NJ Medicaid*
2. Pinnacle Behavioral Health
 - Location: Marlton
 - Contact Information: 856-512-8108
 - *Accepts most private insurance plans*
3. Cooper Psychiatry
 - Location: Camden
 - Contact Information: 856-342-2328
 - *Accepts NJ Medicaid*
4. Garden State Behavioral
 - Location: Marlton
 - Contact Information: 856-797-8777
 - *Accepts most private insurance plans*
5. Dr. Leon I. Rosenberg
 - Location: Cherry Hill
 - Contact Information: 856-857-9500, www.cfef.com
6. Alex Strauss, M.D.
 - Location: 5000 Sagemore Drive, Suite 205 Marlton
 - Contact Information: 856-983-3866 ext.3004, www.centrapc.com
7. Dr. Anju Nayar
 - Location: Cherry Hill
 - Contact Information: 856-216-0350

9. Youth & Family Supportive Services

1. Camden County Department of Health & Human Services in Cherry Hill
 - Contact Information: 856-374-6000
2. Division of Family Development
 - Contact Information: 1-800-792-9773
3. Dooley House
 - Specialization: For medically fragile youth referred from DYFS
 - Contact Information: 856-541-0718
4. Kinship Navigator Program
 - Specialization: For those raising relative's children
 - Contact Information: 1-877-816-3211
5. NJ Office of the Child Advocate
 - Specialization: Advocacy for Children/Youth
 - Contact Information: 609-984-1188
6. Office of Youth Services in Camden
 - Specialization: Youth Counseling Mon-Fri (8:30-4:30)
 - Contact Information: 856-757-7644
7. Oaks Integrated Care Family Support Services
 - Contact Information: 856-482-8747
8. Family Support Organization
 - Contact Information: 856-662-2600
 - www.camdenfso.org

10. RESOURCEFUL WEBSITES

1. www.nj211.org
2. www.performcarenj.org
3. www.nami.org
4. www.njhelps.org
5. www.crisischat.org
6. www.twinoakscs.org
7. www.2ndfloor.org

